



Dear Colleague,

Thank you for your interest in referring your patient for IV iron infusions. Our clinic has been serving the Oak Ridges and surrounding communities since 2005 and started offering IV Therapy in 2022. I have been in private practice since 2002.

Your patient's safety and comfort are always our top priorities. All intravenous (IV) nutrient therapies are administered by a licensed Naturopathic Doctor with advanced certification in IV therapy and prescribing authority through the College of Naturopaths of Ontario (CONO). Our clinic has also undergone a rigorous inspection process to receive approval from CONO as a designated IV Infusion Therapy facility.

We use only pharmaceutical-grade nutrients and sterile, single-use medical supplies. Treatments are prepared and delivered according to Health Canada and CONO safety standards, with continuous monitoring throughout your patient's session to ensure their well-being.

Our Safety Measures:

- Comprehensive medical assessment and informed consent prior to treatment
- Adherence to aseptic technique and infection-control standards
- On-site compounding in sterile flow hood
- Emergency-readiness protocols and trained clinical staff on site
- Ongoing monitoring during and after each infusion
- Full compliance with College of Naturopaths of Ontario IV therapy guidelines
- In-office administration only (no home visits or mobile therapy)

The following pages outline the process for referral, delegation and booking an appointment for your patient.

I would be happy to provide any additional information or collaborate as needed. My email is Info@meridianspineandsport.ca.

Sincerely,

A handwritten signature in black ink, appearing to read "Misa", written in a cursive style.

Dr. Misa Kawasaki, ND

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13321 Yonge Street, Suite 205 Richmond Hill, Ontario L4E 0K5 T:905.773.5794 F:905.773.5847
www.meridianspineandsport.ca



Referral Process for NDs

Thank you for your referral! As you know, administration of iron infusions is a delegated act which requires collaboration between NDs and their patients' MD/NPs.

I am also a member of the Ontario Naturopathic Integrative Network (ONIN) which facilitates delegation of iron infusions from NPs in their network.

Step 1: Referring ND completes the "Referral Form for IV Therapy" and sends to our clinic by fax (905-773-5847) or email (info@meridianspineandsport.ca).

- The following bloodwork is required before IV therapy: CBC, Creatinine, Ferritin, Iron/TIBC/% Saturation, ESR or CRP completed within the past 3 months.
- If you already have a referral relationship with an NP, please provide their contact information.

Step 2: After the referral form is faxed or emailed, your patient can book an "Initial IV Iron Infusion Visit" online in JaneApp or call the clinic. The cost of this visit is \$180 and is billed as a Naturopathic Visit (<https://meridianspineandsport.janeapp.com/#!/iv-iron-infusion-therapy>).

- The initial IV Iron Infusion visit will include:
 - a. Assessment and review of recent blood work to ensure IV therapy is both safe and appropriate for your patient's needs.
 - b. A physical examination.
 - c. A discussion of the iron infusion procedure, costs, benefits and risks.
 - d. Obtaining the patient's consent to contact their family doctor or nurse practitioner to request a prescription and delegation to perform the iron infusion.
- The form of iron medication used is called Monoferic (Monofer). Patients can confirm with their insurance company whether it will be covered under their drug plan before booking their initial visit.

Step 3: Dr. Misa submits a patient case summary and blood work to their MD/NP to request an iron infusion delegation and prescription.

- I will include a recommendation of the dosage of Monofer based on the Ganzoni Equation for Iron Deficiency Anemia.
- If the MD/NP does not fulfill the request, the patient may be referred to an NP at the Ontario Naturopathic Integrative Network (ONIN) for the prescription. The appointment with the NP costs approx. \$135.

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Step 3: Your patient has a visit with their MD/NP (if they require a consult before approving the delegation and prescription).

- If the MD/NP approves, they will provide the iron prescription to the patient, or fax directly to The Organic Compounding Pharmacy. This is the closest compounding pharmacy to our clinic.
- The MD/NP will provide the patient with a requisition for blood work to test CBC, Ferritin, ESR, Iron/TIBC/% Saturation to be completed 4-6 weeks after the iron infusion.

Step 3: Your patient books an IV Iron Infusion visit. It can take 3-7 days for the pharmacy to have the iron in stock so the IV appointment will be booked appropriately.

- The cost of the iron infusion is \$220 (billed as Naturopathic visit) + infusion supplies \$25+HST.
- The patient must pick up the iron at the pharmacy and bring it to the appointment. The cost of the iron is approx. \$300-\$600 and will often be covered by their drug plan.
- The visit length is 2 hours – infusion time is 1.5 hours, post-infusion monitoring 30 min.
- Most patients only need one infusion, unless they have severe iron deficiency. This will be determined by the MD/NP.
- The referring MD/NP/ND will receive a letter from Dr. Misa notifying them of the treatment completion.
- I will ask the patient to follow-up with you to resume care and review their post-infusion blood work.

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